**Values**

* accountability
* achievement
* balance (home/work)
* commitment
* compassion
* competence
* continuous learning
* cooperation
* courage
* creativity
* enthusiasm
* efficiency
* ethics
* excellence
* fairness
* family
* financial stability
* friendships
* future generations
* health
* honesty
* humor/fun
* independence
* integrity
* initiative
* making a difference
* open communication
* openness
* personal fulfillment
* personal growth
* respect
* responsibility
* risk‐taking
* self‐discipline
* success
* trust
* wisdom

**How you may think about it**

* doing what you say you will do
* reaching your goals
* balancing work and home/family time
* working hard on what we believe in
* being kind and understanding
* being good at what you do
* always learning
* working well with other people
* being brave
* using your imagination
* being excited and confident
* making good use of time
* doing the right thing
* doing really well at something
* being fair
* family
* having enough money
* having friends
* caring about children of the future
* keeping healthy
* telling the truth
* laughing and having fun
* able to do things on your own
* being honest and trustworthy
* making decisions for yourself
* making life better for others
* talking openly and freely with others
* telling others about thoughts and feelings
* having a full and happy life
* improving myself
* showing respect
* being responsible
* being brave
* to try something new controlling my behaviour
* being successful
* trusting others
* being wise